



North York
Women's Shelter

30 YEARS

HOPE LIVES HERE

ANNUAL REPORT 2015

CONTENTS:

1. *LETTER FROM OUR EXECUTIVE DIRECTOR AND CHAIR OF THE BOARD*
2. *PROGRAMS AND SERVICES*
3. *STORY OF HOPE*
4. *DONATIONS*
5. *GIFTS IN KIND*
6. *THIRD PARTY EVENTS*
7. *COMMUNITY PRESENCE AND ENGAGEMENT*
8. *VOLUNTEERS*
9. *STAFF*
10. *FINANCIAL STATEMENT*



LETTER FROM OUR EXECUTIVE DIRECTOR AND CHAIR OF THE BOARD

It is our honour to support the courageous women and children who come through our doors, full of hope for a safe and happy life. For 30 years they have inspired us with their strength and determination to create a new life for themselves and their children, free of abuse and violence. We are privileged to be a part of a woman's life as she rebuilds her self-esteem and recognizes her self-worth. There is nothing more rewarding than the smiling face of a child who once was filled with fear, to look into a child's eyes and see trust rather than fear.

Our dedicated team of staff, volunteers, community partners and our generous donors stand with us as we fight to eradicate violence and poverty for women. We are forever grateful for their ongoing support and belief that together we are creating new possibilities in the lives of children, a future that is filled with opportunity and hope.

Reflecting on the past 30 years, we have seen much change; a woman used to return to her partner on average 15 times before moving forward. By talking about violence against women, creating awareness of support in the community and by donors and volunteers supporting necessary programs, today a woman returns to her partner on average 7 times before moving forward. We do still have a long way to go but will continue to support families with their choices, providing options, support and programs to both women and children.

As we enter another year, we are committed to remaining active in our community, fostering new relationships with other likeminded supporters, striving to bring hope to families through innovative programing and education. We thank you for your continued belief in our mission and hope you will continue to support us as we work towards ending violence in our lifetime. Please know that each of you make a tremendous difference to each woman and child who accesses our services.



CHARLENE CATCHPOLE
Executive Director,
North York Women's Shelter



BARBARA ELLIOTT
Chair, Board of Directors
North York Women's Shelter

PROGRAMS AND SERVICES

Each of our programs and services foster the mind, body and spirit of the hundreds of women and children we serve. We provide the opportunity for healing and believe that inspiring hope is the heart of this philosophy.



WOMEN'S PROGRAMMING:

- 🌀 Craft - reduce stress, and use different materials to tell us their stories and their journey
- 🌀 Choosing to Move Forward
- 🌀 Parenting Group
- 🌀 Anti-Racism and Anti-Oppression (AR/AO)
- 🌀 Conflict Resolution
- 🌀 Transitioning Into Your Own Home
- 🌀 Let's Get Physical
- 🌀 Alignment of the body, mind and soul
- 🌀 Mindful Yoga
- 🌀 Healing through Rhythm
- 🌀 Employment Readiness Program
- 🌀 Making Music Together
- 🌀 Writers' Workshop
- 🌀 Recipe Exchange

CHILDREN'S PROGRAMMING:

- 🌀 Youth Group/ Say What Group? Ages 12+
- 🌀 Arts for Children and Youth-Dance Group
- 🌀 Mom and Me
- 🌀 Kids Group
- 🌀 Here2Help
- 🌀 "Say cheese..."
- 🌀 "Let's dig"
- 🌀 Mini Chef's Kitchen
- 🌀 Chat n' Stroll
- 🌀 Library Program
- 🌀 Family Arts & Crafts
- 🌀 Let's Chat
- 🌀 Family Outings
- 🌀 Friday Fun Night
- 🌀 Homework Help with Frontier College
- 🌀 In House Homework
- 🌀 Children's Caravan

HAVEN'S STORY...

✂ HAVEN AND HER CHILDREN, MATI AND LEA, ARRIVED AT NORTH YORK WOMEN'S SHELTER AS A WALK - IN. HAVEN WAS OFFERED SUPPORT AND OPTIONS INCLUDING TO COME & STAY AT SHELTER, THAT WAS ALMOST 6 YEARS AGO. WE REMEMBER THINKING SHE REALLY NEEDED TO COME IN FOR HER OWN AND HER CHILDREN'S SAFETY BUT SHE DIDN'T AND WE HOPED SHE HAD BEEN GIVEN THE INFORMATION SHE NEEDED. AND THAT SHE COULD REMEMBER ALL INFORMATION WE HAD DISCUSSED AS IT WASN'T SAFE FOR HER TO TAKE ANY WRITTEN MATERIAL WITH HER.

A FEW MONTHS LATER HAVEN, MATI AND LEA SHOWED UP AT THE DOOR OF THE SHELTER TO STAY. THE SHELTER WAS ON HIGH ALERT BECAUSE OF HER PARTNERS THREATS ON THEIR LIVES MOST OF THE TIME SHE WAS AT THE SHELTER. HER 2 CHILDREN REALLY CONNECTED WITH 1 OF OUR CHILDREN'S PROGRAM WORKERS. ONE OF THE STORIES THAT MATI AND LEA SHARED WAS THAT THEY WERE VERY ANGRY - THEY LOVED THEIR FATHER BUT HATED HOW HE TREATED THEIR MOTHER AND EACH OF THEM & THAT THEY FELT LIKE A FAILURE, LIKE THEY HAD FAILED THEIR MOM & EACH OTHER BECAUSE THEY COULDN'T KEEP THEIR FAMILY SAFE. THIS FROM 11 & 13 YEAR OLD CHILDREN...

CHILDREN LEARN WHAT THEY LIVE. 75% OF ALL CHILDREN WHO WITNESS ABUSE IN THE HOME WILL BECOME PERPETRATORS OR VICTIMS OF VIOLENCE THEMSELVES. THE ONLY TIME THIS CHANGES IS WHEN THERE IS AN INTERVENTION, THE CHILDREN REALIZE THAT WHAT THEY HAVE SEEN BETWEEN THEIR PARENTS IS NOT A HEALTHY RELATIONSHIP, IS NOT A RELATIONSHIP TO SEEK FOR THEMSELVES.

WHILE HAVEN, MATI AND LEA WERE AT THE SHELTER, WE WORKED TOGETHER TO WRITE A SAFETY PLAN FOR EACH OF THEM, TO PROVIDE COUNSELLING SO THEY COULD CONNECT AGAIN TO WHO EACH ONE THEM WERE AND WANTED TO BE. WE PROVIDED SUPPORT FOR HAVEN WHILE SHE LOOKED FOR AND SECURED EMPLOYMENT, AND RECONNECTED WITH HER OWN FAMILY. TOWARDS THE END OF THEIR 8 MONTH STAY, MATI AND LEA THANKED US FOR KEEPING THEM SAFE, FOR SUPPORTING THEIR FAMILY AND FOR THE BELIEF THAT TOGETHER THEY ARE STRONGER THAN EVER BEFORE.

HAVEN HAS EXPRESSED HER GRATITUDE MANY TIMES OVER AND BELIEVES SHE, MATI AND LEA NEVER WOULD HAVE MADE IT TO TODAY ALIVE WITHOUT THE ONGOING EMOTIONAL SUPPORT AND SAFE HOUSING. SHE NOW WORKS FULL-TIME, BOUGHT A HOME ABOUT 3 YEARS AGO, HER CHILDREN ARE HONOR STUDENTS IN SCHOOL AND THEY ARE ALL VERY ACTIVE IN THE COMMUNITY. SHE IS A WOMAN OF TREMENDOUS COURAGE AND HAS OVERCOME MORE THAN MOST. HAVEN IS A WOMAN WHO HAS BROKEN THE CYCLE OF VIOLENCE AND IS A TRUE ROLE MODEL TO MATI, LEA AND TO MANY OTHER WOMEN.



DONATIONS

North York Women's Shelter is so very fortunate to have committed donors that support women and children leaving abusive relationships. It is through their donations that we are able to offer programs and services to support families moving forward in their lives, recapturing dreams, all made possible in particular by these donors.

MAJOR GIFTS (OVER \$1,000)

Anonymous
Mohmed Bhayat
Joe & Jeanine Essaye
Virginia Holmes
Marlene Hurlburt
Ben Kaak
Margaret McCain

CORPORATIONS

1195668 Ontario Limited
2164705 Ontario Inc.
695768 Ontario Ltd. O/A MS Motor Licence
Architectural School Products Ltd.
Aurora Control & Machine Service
Bank of Montreal
Bedford Glass and Mirror Ltd.
Black Creek Mechanical Ltd.
Brayford Fire Protection Ltd.
Canadian Cutting and Coring (Toronto) Limited
Canadian Imperial Bank of Commerce
Canadian Steel Professionals Inc.
Caplan Legal Consulting PC
Carranza LLP
Cofely Adelt
Complete Electrical Services Inc.
D. Mula Medicine Professional Corporation
Delmanor Northtown
Directions East Retail Ltd.
Dmont Restoration Inc.
Encipher Solutions Inc.
Global Upholstery Co. Inc.
Home Staging Visuals
I & I Construction Services Limited
J.P. Gallagher Plastering Co. Limited
J.S. Cheng & Partners Inc.
Lewis Family Holdings Inc.
Linar Masonry Inc.
Manners Glass Services Limited

Mevotech LP
Michael Kors (Canada)
Nutemp Mechanical Systems Ltd.
Ontario 1632422 Inc.
Optima Communications International Inc.
Patra Ironworks & Railings
Paul's Landscaping Services
R.P.G Electric Ltd.
R.V. Anderson Associates Limited
Rainbow Mechanical Services Limited
Rapid Plumbing Inc.
Reitmans Canada Limited
Royal LePage Partners Realty
Rytiff Flooring Co.
SAP Canada Inc.
Simple Gooder Roofing Corporation
Standard IP Solutions Ltd.
Systemcore Computer Inc.
TELUS Corporation
The Tymar Consulting Group
Vanedward Electrical Contractors
Vendittelli Ranu and Swaminath Dentistry Professional Corp.
Walmart Canada Corp
Watson Building Supplies Inc.
Winmark Fashions
Woodlogix Interior

BEQUESTS

Anonymous

FOUNDATIONS

A & A King Family Foundation
Canadian Women's Foundation
Employee Charitable Contributory Org.
Isberg Charitable Trust
PepsiCo Employee Giving Program
PricewaterhouseCoopers
PwC Canada Foundation
RLS Charitable Giving Fund

Shoppers Drug Mart Life Foundation
Strategic Charitable Giving Foundation
The Derick Brenninkmeyer Charitable Foundation
The Edwin & Miriam Merkur Charitable Foundation
The Rainbow Foundation
Toskan Casale Foundation

COMMUNITY AND FAITH GROUPS

408/437 Toronto-York Wing (Air Force)
A.Y. Jackson Secondary School
Advent Lutheran Church
Asbury & West United Church
Club Stepping Stone
Dewi Sant Welsh United Church
Don Heights Unitarian Congregation
Earl Haig Secondary School
ETFO Toronto OT Local
Fairlawn Avenue United Church Women
Fairview Church Of God
Faith Lutheran Church
Lansing United Church
Leaside High School
LiUNA! Local 183
Northminster United Church UCW
Order of Women Freemasons
Sir John A. McDonald C. I.
St. Ansgar Lutheran Church
St. Matthew's Church
Toronto Buddhist Church
Toronto North Dental Hygienist Society
Universal Workers Union Local 183
William Lyon Mackenzie Collegiate Institute
Willowdale Lawn Bowling Club
Willowdale Presbyterian Church

GIFTS IN-KIND

Without the ongoing generous support from our friends and donors, we would not be able to sustain our shelter. The thousands of in-kind gifts received each year; ranging from baby products and clothing to household items. These gifts are invaluable to our women and children. Without these donations, NYWS would not be able to afford all of the necessary items needed to maintain a house of 30. This allows us to continue to provide the vital services and programs to our women and children.

Dormeo mattresses and furniture
First Canadian Books
Kitchen Aid

Arbonne
Annual Gift Basket Drive
Dear Born
Next Millennium Enterprises
Royal LePage Shelter Foundation
Santa Comes to Bay Street
St. Paul's Bloor Street
Summer Infant Canada
Tea to Help Teens
Town Shoes Limited

THIRD PARTY EVENTS

By bringing the name and face of NYWS into the community, individuals and groups are able to donate their skills and time to raising money and educating the public about the work that happens in our shelter. This is the power of community in action.

Here are some of our partners in 2014:

Alana and Sandro Ierullo
Break the Silence, York University Student Event
Earl Haig Secondary School
KinkCares
Michael Kors
Nicole Beinert's 3rd Annual Pumpkin Patch
North York Visual Artists
Residential and Civil Construction Alliance of Ontario
Rosenberg Centre for Defensive Science
Stephanie Thakurdin
The Successful Woman Council
University Women's Club North York
Women's Bonspiel Curling Tournament
York University Graduate Students Association

COMMUNITY PRESENCE & ENGAGEMENT

We are thankful to the community and corporate groups that support NYWS every year. It is truly amazing what can be accomplished when we put our efforts together towards a common goal. From transforming our playground, to cooking meals, to painting our walls, these volunteers make our shelter stronger, safer and more welcoming.

THANK YOU FOR GIVING HOPE!

Arab Community Centre of Toronto

BMO

Bombardier

Canadian Law Enforcement Training College

RCDS (Chris James Martial Arts)

CIBC

Compass Construction

Earl Haig Secondary School

Financial Services Commission of Ontario

Foresters

Immanuel Seventh-day Adventist Church

Ipsos

Janssen Inc.

Loblaw Companies Inc.

MDI Eastern Canada Region

Michael Kors

SAP Canada Inc.

Spur-Of-The-Moment Shakespeare Collective

St. Clement's School

Target, East York Town Centre

Toronto Titans

XL Insurance



NYWS seeks to increase awareness of violence against women through actively raising our presence in the community. We break the silence surrounding violence through speaking engagements, advocacy and public events.



VOLUNTEERS

Year after year, NYWS is fortunate to have members of the community donate their time, skills and talents to our shelter. The countless hours that volunteers have given to support our programs, staff, and residents reflect their dedication to creating a place of HOPE for women and children. With their many helping hands, volunteers are an essential part of our team. We are grateful to every volunteer who walks through our doors.

2014 HIGHLIGHTS

2,988 hours donated to NYWS

844 hours of support for women's programming

248 individuals gave their time

22 corporate and community groups donated 184 volunteers

8.2 hours donated to NYWS every day in 2014!

4 male allies supported our women and children on a weekly basis

3 past residents joined our volunteer team



BOARD OF DIRECTORS

From left to right

Michele Robitaille

Barbara Elliott – Chair

Stephanie Lennox

Fabiene Evans – Vice Chair

Sangita Patel

Charlene Catchpole – ED

Lena Zecchino – Treasurer

Elana Caplan – Secretary, absent



STAFF

WOMEN'S SERVICES

Amy Clements
Angelica Lorca
Kim D'eath
Paz Humana
Sophy Osoro
Evelyn Skeete
Marcia Francis
Mary Ferrazzo
Myra Santone
Shyamali Pal
Farhia Said
Jaha Ayinde
Jennifer Gray
Jeryl George
Karen Brown
Lisa Marie Yang
Lucy Mulji
Monis Ahmed
Rosa Arredondo
Sandra Seepal
Tamia Knight
Tania Zupanic
Victoria Mata

CHILDREN'S SERVICES

Yvonne Annobil (maternity leave)
Zainab Baiyewu
Leanna Tuba
Kaelah Mizzi
Taylah Harris-Mungo

ADMINISTRATIVE AND FUNDRAISING

Charlene Catchpole
EXECUTIVE DIRECTOR

Shelina Akter
FINANCE MANAGER

Heather Croft
MANAGER, DEVELOPMENT & COMMUNICATIONS
(SEPT 2014)

Laura Allen
PROGRAM MANAGER

Sojie Tate
EXECUTIVE ASSISTANT (MATERNITY LEAVE)

Lisa Bertucca
EXECUTIVE ASSISTANT (APRIL 2014)

Abby Wong
VOLUNTEER AND FUNDRAISING CO-ORDINATOR
(MATERNITY LEAVE)

Reut Shilton
VOLUNTEER AND FUNDRAISING CO-ORDINATOR
(APRIL 2014)

Volta Eliabachus
HOUSE CO-ORDINATOR

Maria Ceron
FOOD SERVICES WORKER

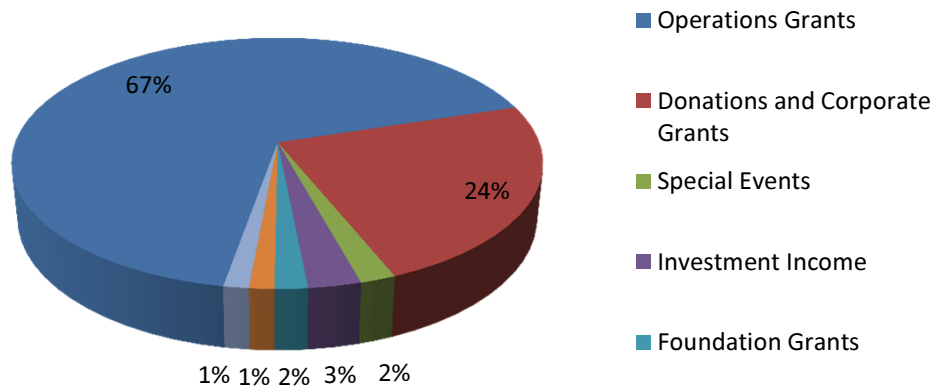
Gunveen Thind
FOOD SERVICES WORKER (RELIEF)

Idalmis Martinez
HOUSE MAINTENANCE WORKER

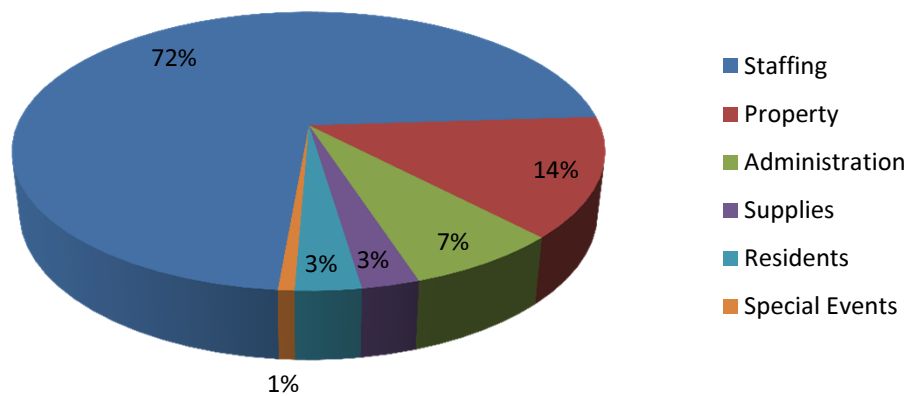


FINANCIAL STATEMENT

Revenue



Expenses



STOP
THE
VIOLENCE
NORTH
YORK
WOMENS
SHELTER



North York
Women's Shelter

30 YEARS

H O P E L I V E S H E R E

OUR MISSION

*A place of safety, support and hope for women and their children
who are survivors of violence and abuse.*

OUR VISION

*A community characterized by gender equality
where women and their children are empowered and safe.*

1140 Sheppard Avenue West, Unit 2
Toronto, ON M3K 2A2

www.NYWS.ca
shelter@NYWS.ca

Administration: 416-638-7335
Crisis Line & TTY: 416-635-9630

facebook.com/NYWS.ca
twitter.com/@NYWS

A United Way Member Agency | Charitable Registration No. 12981 9512 RR0001